

In the Time of Lockdown Dreams

An experimental ode to the earth, a surrealist short visually exploring and documenting dreams under lockdown.

Statistics have shown that sleep under quarantine has affected our dreams. Nearly one in three adults is starting to remember their dreams and their dreams are much more intense. Since ancient times people have analysed dream meanings to try and potentially navigate the future or problems in our present lives. When we are all collectively in a similar situation and have no sense of a future, how does this play out? Are our dreams the same? Is dreaming a meaningless quirk, a pseudoscience, an oracle, or an essential processor documenting our experiences? When we feel we are not living in our real lives do we seek to live through our dreams?

